



April 17-18, 2015 in Phoenix, AZ

Ottawa University, Room 201

9414 N. 25th Ave. Phoenix, AZ 85021

***PLEASE NOTE THIS IS A NEW LOCATION!**

Healing the Heart of Trauma with EMDR and Ego State Therapy in the Treatment of Complex Trauma Clients

Local Sponsor: Tetreault Advanced Seminars

Co-sponsored by the EMDR Institute Inc., who maintains responsibility for this program and its contents.

This workshop will present the cutting edge integration of EMDR and ego state therapy in the treatment of highly traumatized clients. A major focus will be the exploration and negotiation of the extensive preparation phase that is often required to build the therapeutic relationship prior to the actual trauma processing and desensitization phase. Participants will be taught how to use EMDR treatment to help clients develop appropriate internal and external boundaries and also acquire skills to promote healthy affect regulation. Having established these prerequisites, participants then will learn how to use the EMDR processing and desensitization phase with trauma, and its accompanying dissociative symptoms.

A critical aspect of this work is understanding and actively utilizing ego state therapy, which is the use of individual, group and family therapy techniques for the resolution of conflicts between the inner parts of the self. This workshop will provide a clear understanding of the theory, as well as technical innovation and practical strategies and interventions for incorporating this therapeutic model with the EMDR Adaptive Information Processing model. The integration of these models allows both the therapist and the client the position of empathy and true understanding of the legacies of trauma, loss, and attachment issues so that clients can resolve their critical issues and are able to develop and utilize a new blueprint for their lives. This dynamic presentation will include lecture, experiential work, video demonstrations and case presentation.

Course Objectives

Participants will be able to:

- Implement the fundamentals of Ego State Theory and practice
- Integrate EMDR and Ego State Therapy in the treatment of trauma
- Evaluate the phased preparation work that precedes application of the EMDR protocol with challenging clients
- Develop specific stabilization strategies to help clients manage and reduce dissociative symptoms
- Acquire advanced techniques and interweaves that promote resolution with the EMDR AIP model

Meet the speaker:

Carol Forgash, LCSW, is well-known for her workshops and distance learning video and book courses. For the past 15 years, Ms. Forgash has presented on *EMDR Treatment of Dissociation and Complex Trauma* and *Treating Health-Related Problems of Complex Trauma Survivors* at workshops and international conferences. She is an EMDR Institute Facilitator and an EMDRIA Approved Consultant.



In July 2015, Ms. Forgash has been invited to deliver a plenary and workshop on *Breaking the ACE Cycle* at the EMDR

Europe Conference in Milan. She will also present a pre-conference workshop on *Advanced Techniques in Treating Complex Trauma* with Dr. Jim Knipe at the EMDRIA Conference in August 2015.

Carol is co-author and editor of *Healing the Heart of Trauma and Dissociation with EMDR and Ego State Therapy* (2007). This is the first book to offer an integrative approach to successfully treating clients with severe trauma-related disorders. Ms. Forgash has a clinical and consulting practice in Smithtown, NY.

Workshop Schedule

8:00-8:30 Registration/Coffee Service

8:30-5:00 Workshop

12:00-1:00 Lunch on own

Registration Information

COST: by 3/3/15 = \$295
by 3/31/15 = \$325
after 3/31/15 = \$375

V.A. VENDOR INFO: vendor name is Laurie
A. Tetreault, MA, PLLC (vendor code:
260055634)

CANCELLATION POLICY: Registration fees, less a \$50 processing fee, are refundable if requested minimum of 30 days from event date.

Upcoming Workshop



TETREULT ADVANCED SEMINARS

Stretching therapeutic skills for complex cases

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Workshop information continued...

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Workshop Details

- Completion of EMDRIA-approved Basic training required. If you did not receive your EMDR Training from the EMDR Institute, please fax proof of completion to Tetreault Advanced Seminars with your registration.
- Current research is limited to application of EMDR to trauma-related disorders.
- This workshop is held in facilities in accordance with the Americans with Disabilities Act. Please notify the local sponsor and university if special accommodations are needed.
- Attendance at the entire 2-day training is required in order to receive EMDR CEs. No partial credit will be given.

Continuing Education:

13 Continuing Education Credits available, as follows:

- APA: EMDR Institute, Inc. is approved by the American Psychological Association to offer continuing education for psychologists. EMDR Institute maintains responsibility for this program and its contents.
- NBCC: EMDR Institute, Inc is an approved provider through National Board of Certified Counselors: NBCC Provider #5558
- RNs: EMDR Institute, Inc. is a provider approved by the CA Board of Registered Nursing, Provider #9755.
- EMDRIA: Credits are available to those who have completed an EMDRIA-Approved basic training program. 13 credits have been approved: #10006-13.
- BBS: For CA, this workshop meets the qualifications for 13 hrs of CE credit for MFTs & LCSWs. Approval # PCE270.
- SW: EMDR Institute, provider #1206, is approved for SW continuing education by the Assoc of SW Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. Social workers participating in this course will receive 13 (clinical or social work ethics) CE clock hours.

Ottawa University Location Information

Restaurants:

1. First Watch
Breakfast, Lunch
Sandwiches, Salads
(602) 943-3232
2. Outback Steakhouse
Lunch, Dinner
(602) 943-2226
3. Sweet Tomatoes
Buffet-Style Lunch
Salads, Soups
(602) 749-9016

Hotels:

4. Courtyard by Marriot
(Microwave)
Within walking distance of
Ottawa University.
5. Towne Place Suites*
(Full Kitchen)
Short walk from rear entrance to
the back of Ottawa University.
6. Homewood Suites
(Full Kitchen)
Short drive from Ottawa
University.
7. SpringHill Suites*
(Kitchenette)
Short walk through Towne Place
Suites parking lot to the back of
Ottawa University.

*Please note that these properties are located at the same address.

Parking:

8. Ottawa University
Room 201 is upstairs in the back of the building. The rear entrance is most convenient and has plenty of parking.



Area Lodging & Transportation

Courtyard by Marriot (602) 944-7373

9631 N Black Canyon Hwy.

\$99/night

Towne Place Suites (602) 943-9510

9425 N Black Canyon Hwy.

\$69/night (mention "Ottawa rate" when reserving)

Homewood Suites (602) 674-8900

2536 W. Beryl Ave.

\$107/night

SpringHill Suites (602) 943-0010

9425 N Black Canyon Hwy.

\$69/night (mention "Ottawa rate" when reserving)

Airport Transportation

Super Shuttle